

# WHAT TO AND WHAT NOT TO BRING TO CAMP

Below is a suggest list of clothing and items to bring to camp.

PLEASE feel free to customize this list to your needs.

While packing, remember that camp is an active and rustic environment. Camp attire is usually comfortable, casual & durable. We strong suggest you mark clothing, personal items and luggage.

## CLOTHING

Underwear	7 pairs
Shirts	5-7
Socks	10
pairs	
Sweatshirts/Sweaters	2
Pajamas	1
Jackets	1 light 1 heavy
Swimming Suit (one piece)	1
Shorts	3-4
Pants/Jeans	3-4
Shoes	1 pair
(Closed toe shoes only)	

## BEDDING

Warm Sleeping Bag	1
Pillow and Case	1

## PERSONAL SUPPLIES

Backpack	1
Comb & Brush	1
Toothpaste & Toothbrush	1
Towel	1
Washcloth	1
Soap/Shampoo (unscented)	1
Chapstick (unscented)	1
Sunscreen/Lotion (unscented)	1
Hat	1

Sunglasses	1
Flashlight	1
Water Bottle	1

## OPTIONAL ITEMS

Camera & Film
Pens/Pencils & Paper
Pre-addressed envelopes (to send letters home) w/ stamps
Favorite book

## MEDS & SPECIAL FOOD

All medication must be turned into the camp nurse in their original containers. Prescriptions drugs will only be given to the designated patient.

## WHAT NOT TO BRING!!

Electronics/Video Games  
Cell Phones/Pagers  
Cash/Valuables  
Anything you would miss if you lost

### ZERO TOLERANCE POLICY

(Possession of these items are grounds for dismissal from camp)

Weapons (or using anything as a weapon)

Alcohol

Drugs/Tobacco